Recipe

Khandvi

By

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Ingredients

- Besan 1 cup
- Water 1 cup
- Sour buttermilk 2 cups or Sour yoghurt 1 ¹/₂ cup +water 1 ¹/₂ cup
- Turmeric ¼ tsp
- Red chili powder ¼ tsp
- Green chili & ginger paste1 tsp
- Mustard seeds 2 tsp
- Sesame seeds 1 tsp

- Pinch of asafetida
- Fresh coconut gratings 2 tsp
- Finely chopped coriander leaves
- Oil
- Salt

Preparation

- 1. Grease the bottoms of 2 -3 big steel plates with enough oil before beginning the procedure to make Khandvi batter.
- 2. In a mixing bowl combine besan with yoghurt, water, turmeric, red chili powder, green chili and ginger paste and mix well. Make sure there are no lumps formed.
- 3. Use a hand blender or a balloon whisk / beater. The batter has to be watery like the dosa batter.
- 4. Heat a non-stick pan on low flame & add 1 tbsp of oil.
- 5. To this add the batter & cook it on medium flame by stirring continuously for 10 minutes.
- 6. Remove from gas.
- 7. The batter's consistency should be more or less the same as before.
- 8. Pour ladleful of batter on the steel plate surface & spread the batter in circular motion like making a dosa.
- 9. Let the batter cool down completely.
- 10. Cut out strips of the cooled batter.
- 11. Roll the strips & arrange them on a plate to pour the seasoning.
- 12. Prepare the seasoning by heating 2 tsp of oil in a pan.
- 13. Add asafetida & mustard seeds. When the seeds splutter, add sesame seeds & wait till they turn slightly brown.
- 14. Remove from flame & pour the seasoning on the arranged Khandvis.
- 15. Before serving, sprinkle red chili flakes, fresh coconut gratings or dry coconut powder & coriander leaves.

Serves

4 Persons

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