.Recipe

Moong dal dhokla

By

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Ingredients

- Rice ½ cup
- Moong Dal 1 cup
- Yogurt ½ cup
- Green Chilies 3
- Coriander Leaves
- Ginger
- Oil
- Salt as required
- Water

Preparation

- 1. First soak the moong dal and rice together in water for 3 hours.
- 2. Grind the soaked moong dal and rice with ginger, yoghurt, green chilies.
- 3. Add water little by little till it becomes good idli batter.
- 4. Take a tin and add 2 teaspoons of oil and salt to the batter.
- 5. Steam the batter in a round bottomed pan for about 15 minutes.
- 6. Cover the round bottomed pan with a plate or lid till it cooks, then remove and cool it.
- 7. Cut the moong dal cake into squares.
- 8. Heat oil in a pan and add one teaspoon of mustard seeds.
- 9. Wait till it crackles, when it crackles pour it on the dhoklas.
- 10. Add Coriander Leaves and chilies to garnish.

Serves

5-6 Persons

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