Recipe

Moongdal Dosa

By

Bhaktin Shanti



Ingredients

- Moong dal (split green gram) 1 cup
- Par-boiled rice (ukda chawal) 1 cup
- Salt to taste
- Oil for cooking

Preparation

- 1. Wash and soak the moong dal and rice in water for at least 3 hours.
- 2. Grind to a fine paste using a little water.
- 3. Cover and allow fermenting for at least 8 hours.
- 4. Add the salt and adjust the consistency of the batter by adding water if required.
- 5. The batter should be of dropping consistency.
- 6. Heat and grease a non-stick tava with oil.
- 7. Pour a ladle full of the batter on the tava and spread it using a circular motion.
- 8. Pour a little oil on the sides and cook.
- 9. When the lower sides is golden brown, fold over.
- 10. Repeat with the remaining batter.
- 11. Serve immediately with chutney.

Serves

4 Persons.

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