Recipe

Spicy Tofu

By

Madhavi d.d. Bloomington-Normal, Illinois



Ingredients

- 2 cups tofu* or one package (4 pieces)
- 1 tbsp sesame oil (Chinese dark sesame oil is preferred)
- 2 tbsp black bean paste
- 1 tbsp soy sauce
- 1 tbsp water
- 1 tsp chopped ginger
- 1 chili
- 1/4 cup chopped cilantro
- ½ cup soy meat (small pieces)
- 1 tsp corn starch (mix with 1 tbsp cold water)
- 1 cup water

Preparation

Cut tofu s(silken tofu is the best, medium or hard also good) into small cubes. Soak soy meat in a bowel with black bean paste, soy sauce, and water for a least 15 minutes.

Heat the pan with oil, add ginger. Cook ginger for 1 minute then add seasoned soy meat and cook for 5 minutes. Add tofu, 1 cup of water, and chili and cook for 5 minutes. Turn the heat to low, add corn starch mix and cook for one more minute. When it is done, sprinkle some sesame oil and cilantro on top.

Serves

Serves 4

For further details please contact

madhavidevidasi@gmail.com

www.iskcondesiretree.com

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