Recipe

Sponge Dosa

By

Bhaktin Mallika



Ingredients

- Atukulu (flattened rice) 1cup
- Rice 2 cups
- Curd (sour) 1cup
- Green Chilies 3
- Salt as required
- 0il ¼ cup
- Fenugreek seeds 1tsp

Preparation

- 1. Soak rice; flatten rice and fenugreek seeds in curd for at least 2 hours.
- 2. Then add water if required to soak.
- 3. Grind that mixture in to thick fine paste (add little water while grinding).
- 4. Leave that batter for 10 to 12 hours for fermenting.
- 5. Heat a flat griddle and rub some oil on it.
- 6. Pour some batter on it with a ladle but don't spread it.
- 7. Cover it with a lid for 2 minutes.
- 8. Do not Cook it on the other side.
- 9. Check that all the moisture in it is evaporated.
- 10. Remove it from the griddle.
- 11. The sponge dosa is ready to serve.

Serves

3-4 Persons

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