Recipe

Spinach Triangles

By

Bhaktin Ranjana



Ingredients

- All purpose flour (maida, plain flour) 1 cup
- Semolina (fine sooji) ½ cup
- Salt ½ tsp
- Baking soda ¼ tsp
- Butter 3 tbsp
- Cumin seeds ½ tsp
- Chili flakes ½ tsp
- Grated cheese 3-4 tsp
- Spinach puree 3/4 cup
- Oil to fry

Preparation

- 1. Mix all purpose flour, semolina, salt, chili flakes, cumin seeds, and baking soda in a bowl together.
- 2. Add the butter and parmesan cheese, mix well it will be consistency of bread crumb.
- 3. Add the spinach puree and make firm dough.
- 4. Set the dough aside and cover it with a damp cloth. Let the dough rest for at least ten minutes.
- 5. Divide the dough in 16 equal parts and make them into balls.
- 6. Roll the dough about into a 5-inch circle.
- 7. Slice each roll dough in 4 pieces in triangle shape.
- 8. Heat oil in a frying pan on medium heat. The frying pan should have at least 1 ½ inch of oil. (To check if the oil is ready, put a small piece of dough in the oil. The dough should make the oil sizzle and come up slowly.)
- 9. Make sure to place just enough chips so you can turn them over easily when frying.
- 10. Fry the chips until both sides are light golden in color.
- 11. Remove from oil and let it cool for sometime so it becomes crispier.
- 12. Then serve it with chutney.

Serves

3-4 Persons

www.iskcondesiretree.com

Hare Krishna Hare Krishna Krishna Hare Hare Hare Rama Hare Rama Rama Hare Hare