Recipe Coconut and Coriander Chutney

By AnandLila devi dasi



### Ingredients

- 1<sup>1</sup>/<sub>2</sub> C fresh shredded coconut
- 1 bunch, fresh coriander leaves
- 1 Tbsp grated ginger
- 2 hot green chilies
- 1/2 C water
- <sup>3</sup>⁄<sub>4</sub> Tsp salt
- 1 C yogurt
- 2 Tsp oil
- 1 Tsp black mustard seeds
- <sup>3</sup>⁄<sub>4</sub> Tsp split urad dal
- 8-9 fresh curry leaves
- 1/4 Tsp yellow asafetida powder

### Preparation

- 1. Blend the coconut, coriander, ginger, chilies, salt and water (as required) in a blender until smooth.
- 2. In a bowl, whisk the yogurt using a wire whisk until smooth. Stir in the coconut-coriander paste.
- 3. Heat oil in a small pan over moderately high heat. Add the mustard seeds, when they crackle, add urad dal, sauté until golden, add curry leaves, sauté for a while and sprinkle asafetida. Remove from heat and immediately add to the chutney.

\*\* This chutney can be used for variety of dishes like dosas, idlis, pongal, vadas etc.

## Yield

2¾ Cups

# For further details please contact anandliladd@gmail.com

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