Recipe

Coconut Chutney

By

Bhaktin Sushma



Ingredients

- Grated coconut 4 tbsp.
- Bengal gram (chana dal) roasted 2 Tsp.
- Ginger peeled and chopped 1 piece.
- Fresh coriander leaves chopped 4 tbsp.
- Green chilies chopped 4
- Each of mustard seeds and black gram (urad dal) 1 tsp.
- Asafetida powder ½
- Curry leaves 4.
- Red chilies (broken into bits) 1.
- Oil 2 tbsp
- Lemon juice
- Salt as required.

Preparation

- 1. Grind the coconut, roasted gram, green chilies, coriander leaves and ginger to a fine paste using a little water.
- 2. Pour the paste / chutney into a bowl and adjust the consistency using suitable amount of water.
- 3. Heat the oil in a pan on medium level for about 2 minute(s) till it is hot enough.
- 4. Add the mustard seeds.
- 5. Let them splutter and then add the black gram (urad dal), red chilies, curry leaves and asafetida powder.
- 6. Fry briefly till the gram turns red and pour it on the chutney.
- 7. Add salt and lemon juice to the chutney.

Serves

4 Persons.

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