# Recipe

## **Panchamrut Chutney**

## By

#### **Bhaktin Sushma**



### Ingredients

- Peanuts 1/2 cup
- Sesame seeds 1/2 cup
- Grated fresh coconut 1/2 cup
- Green chillies chopped 3-4
- Maharashtrian goda masala/ kala masala 2 tsp
- Asafoetida/ hing 1/4 tsp
- Tamarind 1/4 cup
- Mustard seeds 1/2 tsp
- Jaggery 2-3 tbsp
- Oil 1 tbsp
- Salt to taste

### Preparation

- 1. Dry roast the sesame seeds and peanuts separately and crush them preferably in a mortar pestle into a coarse powder.
- 2. Soak the tamarind into some hot water to make tamarind juice.
- 3. In a pan, heat some oil. Add mustard seeds.
- 4. When the mustard seeds splutter, add chopped green chillies and asafoetida or hing.
- 5. Add sesame seed powder, crushed peanuts, coconut and mix together.
- 6. Then add salt, tamarind juice, jaggery and mix well.
- 7. Let this cook for sometime. Serve this with varan-bhaat, toop limbo.

#### Serves

4 Persons.

## www.iskcondesiretree.com

Hare Krishna Hare Krishna Krishna Hare Hare Hare Rama Hare Rama Rama Hare Hare