DEPARTMENT OF DIETETICS AND APPLIED NUTRITION

BHAKTIVEDANTA HOSPITAL, MIRA ROAD, INDIA

Ms. Vaidehi Nawathe

> Chief Dietician



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Bhaktivedanta Hospital is a multispecialty hospital, situated at Mira Road, Dist. Thane, India. Department of Dietetics and Applied Nutrition is functional since 1998. The department provides "Satvik Prasad" (Nutritious and Pious Diet) to all hospitalized patients. According to Bhagavad Gita, food cooked has to be offered to The Lord and then honored as Prasadam. In Bhaktivedanta Hospital the food cooked for the patients is also offered to Lord Krishna to nourish the Soul with the mercy of The Lord.

Personalized patient diet care is the prime concern of the department. Different kinds of diets are prepared as per the patient's clinical condition.

- Food does not contain onion, garlic, meat, tea and coffee.
- Food is prepared as per the seasonal availability of different food items.
- We try to provide homely food to the patients.

• Even though we provide diet food, we take efforts to make it delicious, which is also appreciated by the patients. We have a valuable support from Shri Sadashiv Das of Shri Radha Govind Caterers

• The dieticians specially prepare, taste and calculate the nutritive value of the recipes provided on this website. (Nutritive values are calculated according to the Indian Values. Source: Nutritive Value of Indian Foods, By Gopalan)



Typical patient plate